



# DREAMROOT

LEADERSHIP INSTITUTE



## QUARTERLY REPORT

### 2023 Q1 IMPACT

*LOCAL LEADERS TRANSFORMING THEIR COMMUNITIES.*



The first quarter of the year has ramped up with strong momentum. DreamRoot Leadership Institute has accomplished many things such as: a two-month capacity trip in Brazil and developing a self-defense and de-escalation course for leaders working with those suffering from trauma. We resourced a printer to Haiti so students have access to course work, and lastly, DreamRoot welcomed two new board members and an intern to the team!

Read the full impact report in the following pages.

**BRAZIL CAPACITY-BUILDING TRIP**

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**DE-ESCALATION COURSE**

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**TEAM CARE & NETWORKING**

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**COMMUNITY TRAINING**

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**HAITI EDUCATION RESOURCING**

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**IMPACT TESTIMONIAL**

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**WHAT'S TO COME.....**



# BRAZIL CAPACITY-BUILDING TRIP

Through January to March, DreamRoot's leadership team visited 7 different communities in the northeast of Brazil. We hosted and led 83 local leaders through 30 hours of training workshops. In total, these leaders reach over 400 students and community members. We connected with current DreamRoot leaders and met with new leaders and potential partners.

During the trip, DreamRoot partnered with numerous local leaders in Alagoas and Pernambuco, Brazil. By pouring into them and supporting their vision, the local leaders were more encouraged and inspired to go further, fly higher, and bring others along with them for a greater collective positive impact in their communities. As a result, these leaders spark vision and passion in the local students and community members. They inspired others to dream for more and rise up in a greater calling than originally envisioned for themselves.



**Watch Takeaways Video Here:**

[Watch Video](#)

It is easy to get caught up in the busyness of planning and implementing training and events. However, when we arrive at locations like this, we are quickly reminded of the power of presence, authentic connection, and relationship. These are the things that truly bring about impact and change. We promote connection over performance. Once the point of connection is strong, through relationship and trust, healing, learning and development can take place. As a global development and training organization, DreamRoot's goal is not simply to pass on information, but we truly desire others to grow in experiential knowledge and transferable job skills while building their social and emotional capacity which are experienced through authentic relationships built on mutual respect.

An example of this principle was demonstrated during our visit to the Sertão region of the state of Pernambuco. After a leadership training session, one of the local leaders shared that our visit encouraged them to keep going. The local leaders in our cohort group expressed how they are learning practical and efficient tools. For instance, putting a strategic operational structure in place has improved the performance of their leadership teams which consequently enhances classes for students. This goes beyond the transformation of their work and initiatives. Their lives and families are being impacted, and they are having more effective conversations.

# SELF-DEFENSE & DE-ESCALATION COURSE FOR TRAUMA-INFORMED LEADERS

DreamRoot developed a self-defense and de-escalation course for those working with traumatized individuals. We identified a need for this training as many of the leaders work with people with trauma, some of whom occasionally act out when triggered. This is because those living with trauma have not learned to properly process their triggers and emotions. Unlike most self-defense courses which focus on inflicting pain on the other person to escape a situation, DreamRoot's approach is different. Our strategy teaches self-defense skills and employs de-escalation techniques for trauma-informed leaders to mitigate an attack while avoiding hurting another person.

At an orphanage in Brazil, we ran two self-defense workshops for a team of 24 caretakers. Training like this is critical because knowing these skills properly prepares leaders to handle dangerous situations with care.



## Book a Training Workshop

Interested in booking training or know those who could benefit from the program? Reach out to us at [hello@dreamrootinstitute.org](mailto:hello@dreamrootinstitute.org).

## TEAM CARE, COACHING, & NETWORKING

DreamRoot continues with regular team care. Throughout the month, we meet with local leaders virtually. We hold one-on-one sessions providing coaching, encouragement, operational guidance, and advising. DreamRoot leaders discuss lessons learned while celebrating wins together.

# TESTIMONIAL:

## BOY LEARNS TO WRITE NAME

Programs Director, Tony Passos shares a testimonial of a 7-year-old boy learning to write his name for the first time at the Sertao/DreamRoot Training Center. The joy this boy had in learning was immense. His sense of identity and confidence was instilled as he looks forward to learning and discovering more.



*Watch Testimonial Video Here:*

[Watch Video](#)



# HAITI EDUCATION RESOURCING

## TUTORING & PRINTING

DreamRoot is continuing the tutoring program in Haiti. Costing \$2,000 per semester, this program employs 6 tutors who are young graduates and emerging leaders within their community. This tutoring program is a continuation and augmentation of ongoing efforts in the community.



## SCHOOL PRINTER/COPIER

Through our generous supporters, DreamRoot has been able to resource a printer/copier to the school in Haiti led by Rose and David. This will allow the administration to supply needed course materials to families for a fraction of the cost.

Many families cannot afford school materials which range from \$90-140 per child. With an estimated 60% of the country's population living below the poverty line, quality education has become out of reach for many.

As education is a foundational requirement for society to develop, schooling is a critically important topic that needs to be addressed with urgency at both the local and macro level. DreamRoot is invested in remedying this issue.

# LEADER INITIATIVE HIGHLIGHT:

## COMMUNITY TRAINING & CAREER FAIR

Local DreamRoot leaders, Jhon and Eneide, held a community training and career fair event in January at the Arte Suave, DreamRoot Training Center. They mobilized local talent to serve and develop their community. They collaborated with 7 local professionals to bring a variety of services and training to community members and leaders.

The weekend included:

- Work authorization guidance and employment paper processing offered by lawyers
- Nutrition for physical and mental health seminar led by a licensed nutritionist
- Overcoming anxiety seminar led by a licensed therapist
- Career counseling to youth
- Aesthetician vocational training
- Free haircuts to community members
- Food donations distributed to families

A huge shout out to the team for orchestrating such an impactful event!





# WELCOMED NEW TEAM MEMBERS

Join us in welcoming our newest members to the DreamRoot Leadership Institute Board of Directors!

**Christopher Little**, our new VP, is a small business professional with almost three decades of business development, management, financial analysis, and forecasting. He has served in various nonprofit executive roles.

**Kellie Koch**, our new Secretary, is a public relations professional, working at a PR firm in Northern Virginia that specializes in strategic communications. In her free time, Kellie enjoys learning more about what it looks like to live a sustainable lifestyle, volunteering with an anti-human trafficking organization, and watching good movies.

As a bonus, we have the privilege of welcoming an intern to DreamRoot for the semester. **Sarah** is a Senior at Regent University. Her interests are in writing, humanitarian work, and the arts. She is a gifted dancer and musician. Welcome, Sarah!

## LOOKING AHEAD

Our team is busy developing and facilitating training for more leaders in need. Here is a preview of what the upcoming months look like:

- Finalizing curriculum development, translation, and recording.
- Making training available on-line for the wider team and audience to access.
- Hosting an in-person workshop for the local leader network.
- Working with local leaders to incorporate additional educational programming, including computer science.

We look forward to taking new ground and expanding the impact. This is going to be fun!







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